

# How the SPIRIT Moves

The Butte SPIRIT Center Quarterly Newsletter

Issue #2: December 2022



#### WOMEN'S HOME CAPITAL CAMPAIGN

Currently there are no licensed recovery homes in Butte for women, even though most other major cities in Montana have at least one. With our Men's Home reaching sustainability, Butte SPIRIT is working to address this gap in services and we need your support! We've got our eyes set on an 8 bedroom home and a \$650,000 fundraising goal to go towards the purchase and outfitting of this home for use. With over \$200,000 already committed, several larger donors are receiving naming opportunities for bedrooms for contributions of \$25,000 or more and we are providing you with a similar chance to leave a legacy brick in the home's walkway, engraved with the name of your choosing for a aift of \$500 or more. If you are able to contribute to the Women's Home, please visit our <u>Facebook Campaign</u> or reach out to Demetrius Fassas, our Executive Director

Whenever I needed help, staff was there right away to help me with whatever I needed help with and guide me in the right direction.

directly at

director@buttespirit.org

Just in case you missed them, the Montana Standard featured articles of people in recovery each week in September, including two of our own!

Click the links below to read

-Executive Director, Demetrius Fassas
-SPIRIT Graduate, Colton Myers

#### WHAT IS HAPPENING IN THE HOME?

The SPIRIT Home turns two this month! With Graduates returning to share their stories of Recovery with our current Residents over a Thanksgiving meal, we're grateful to share our thanks to supporters like you! Over the past three months, the men in our home have enjoyed baking classes, pumpkin carving, visiting a haunted house, and learning to enjoy recovery and put their new boundaries, spiritual principals and coping skills to work. It's often a challenge to embrace a new way of life, but one resident stated it best when he said, "The change is coming and it's materializing because of my willingness to be open and honest about my thoughts and to trust others with them."



### **WOMEN'S HOME PLANNING**

Since July 2022, with support from a Montana Healthcare Foundation Planning Grant, we have been working with a consulting firm, Cascadia Management Group, on plans to open a new home for women. After reviewing interviews and survey results from 11 other women's SUD recovery homes in Montana and recent changes to the administrative rules of Montana, our board has decided to serve women, individually, with a new ASAM Level 3.1 home opening in 2023 in Butte. This effort will build the foundational partnerships and experience that we need to hone our operations and open another home that will serve women with children in the future.

## **OUR PROGRAM GRADUATES**

Graduates of our program over the past two years are impressing us with an 80% success rate in maintaining sobriety. We survey graduates every 6 months to measure how their quality of life has changed, offer additional support, and keep them connected to our Recovery Community. All of our graduates are invited to give back to the home to by participating in groups and celebrations.

